

mandag - fredag /  
Monday - Friday

Flatåstoppen	06:15	06:45	07:15	07:45	08:15	09:15	10:15	11:15	12:15	13:15	14:15												
Høgreina Øvre	06:16	06:46	07:16	07:46	08:16	09:16	10:16	11:16	12:16	13:16	14:16												
Kolstadhaugen	06:18	06:48	07:18	07:48	08:18	09:18	10:18	11:18	12:18	13:18	14:18												
Flatåsen senter																							
Søndre Flatåsen																							
Nordre Flatåsen		06:32		07:02		07:32		08:02		08:47		09:47		10:47		11:47		12:47		13:47		14:32	
Flatåsen senter	06:19	06:35	06:49	07:05	07:19	07:35	07:49	08:05	08:19	08:50	09:19	09:50	10:19	10:50	11:19	11:50	12:19	12:50	13:19	13:50	14:19	14:35	
Husebytnet 2	06:21	06:36	06:51	07:06	07:21	07:36	07:51	08:06	08:21	08:51	09:21	09:51	10:21	10:51	11:21	11:51	12:21	12:51	13:21	13:51	14:21	14:36	
Saupstadsenteret		06:37		07:07	07:22	07:37	07:52	08:07	08:22	08:52	09:22	09:52	10:22	10:52	11:22	11:52	12:22	12:52	13:22	13:52	14:22	14:37	
Casper Lundes veg		06:38		07:08	07:23	07:38	07:53	08:08	08:23	08:53	09:23	09:53	10:23	10:53	11:23	11:53	12:23	12:53	13:23	13:53	14:23	14:38	
Midteggen		06:39		07:09	07:24	07:39	07:54	08:09	08:24	08:54	09:24	09:54	10:24	10:54	11:24	11:54	12:24	12:54	13:24	13:54	14:24	14:39	
Saupstadringen 109		06:40		07:10	07:25	07:40	07:55	08:10	08:25	08:55	09:25	09:55	10:25	10:55	11:25	11:55	12:25	12:55	13:25	13:55	14:25	14:40	
Kolstad kirke	06:22		06:52																				
Klokkstein	06:24	06:43	06:54	07:13	07:28	07:43	07:58	08:13	08:28	08:58	09:28	09:58	10:28	10:58	11:28	11:58	12:28	12:58	13:28	13:58	14:28	14:43	
Åsheim skole	06:26	06:45	06:56	07:15	07:30	07:45	08:00	08:15	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	14:45	
Heimdal stasjon	06:28	06:47	06:58	07:17	07:32	07:47	08:02	08:17	08:32	09:02	09:32	10:02	10:32	11:02	11:32	12:02	12:32	13:02	13:32	14:02	14:32	14:47	
Lundemobakken	06:30	06:49	07:00	07:19	07:34	07:49	08:04	08:19	08:34	09:04	09:34	10:04	10:34	11:04	11:34	12:04	12:34	13:04	13:34	14:04	14:34	14:49	
Johan Tillers vei	06:32	06:51	07:02	07:21	07:36	07:51	08:06	08:21	08:36	09:06	09:36	10:06	10:36	11:06	11:36	12:06	12:36	13:06	13:36	14:06	14:36	14:51	
Heimdalshallen	06:33	06:52	07:03	07:22	07:37	07:52	08:07	08:22	08:37	09:07	09:37	10:07	10:37	11:07	11:37	12:07	12:37	13:07	13:37	14:07	14:37	14:52	
C.J. Hambros vei	06:34	06:53	07:04	07:23	07:38	07:53	08:08	08:23	08:38	09:08	09:38	10:08	10:38	11:08	11:38	12:08	12:38	13:08	13:38	14:08	14:38	14:53	
Sivert Thonstads vei	06:36	06:55	07:06	07:25	07:40	07:55	08:10	08:25	08:40	09:10	09:40	10:10	10:40	11:10	11:40	12:10	12:40	13:10	13:40	14:10	14:40	14:55	
Vestre Rosten	06:36	06:55	07:06	07:25	07:40	07:55	08:10	08:25	08:40	09:10	09:40	10:10	10:40	11:10	11:40	12:10	12:40	13:10	13:40	14:10	14:40	14:55	
Tillerterminalen 1	06:39	06:58	07:09	07:28	07:43	07:58	08:13	08:28	08:43	09:13	09:43	10:13	10:43	11:13	11:43	12:13	12:43	13:13	13:43	14:13	14:43	14:58	
City Syd	06:40	06:59	07:10	07:29	07:44	07:59	08:14	08:29	08:44	09:14	09:44	10:14	10:44	11:14	11:44	12:14	12:44	13:14	13:44	14:14	14:44	14:59	
Tonstadgrenda	06:41	07:00	07:11	07:30	07:45	08:00	08:15	08:30	08:45	09:15	09:45	10:15	10:45	11:15	11:45	12:15	12:45	13:15	13:45	14:15	14:45	15:00	
Moltmyra	06:42	07:01	07:12	07:31	07:46	08:01	08:16	08:31	08:46	09:16	09:46	10:16	10:46	11:16	11:46	12:16	12:46	13:16	13:46	14:16	14:46	15:01	
Ingeborg Ofstads veg	06:44	07:03	07:14	07:33	07:48	08:03	08:18	08:33	08:48	09:18	09:48	10:18	10:48	11:18	11:48	12:18	12:48	13:18	13:48	14:18	14:48	15:03	
Koieflata	06:46	07:05	07:16	07:35	07:50	08:05	08:20	08:35	08:50	09:20	09:50	10:20	10:50	11:20	11:50	12:20	12:50	13:20	13:50	14:20	14:50	15:05	
Rognbudalen	06:47	07:06	07:17	07:36	07:51	08:06	08:21	08:36	08:51	09:21	09:51	10:21	10:51	11:21	11:51	12:21	12:51	13:21	13:51	14:21	14:51	15:06	
Torvtaket	06:48	07:07	07:18	07:37	07:52	08:07	08:22	08:37	08:52	09:22	09:52	10:22	10:52	11:22	11:52	12:22	12:52	13:22	13:52	14:22	14:52	15:07	
Torgardstrøa	Ank.	06:51	07:10	07:21	07:40	07:55	08:10	08:25	08:40	08:55	09:25	09:55	10:25	10:55	11:25	11:55	12:25	12:55	13:25	13:55	14:25	14:55	15:10



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Monday - Friday

Flatåstoppen	14:45	15:15	15:45	16:15	16:45	17:15	18:15	19:15	20:15	21:15	22:15	23:15								
Høgreina Øvre	14:46	15:16	15:46	16:16	16:46	17:16	18:16	19:16	20:16	21:16	22:16	23:16								
Kolstadhaugen	14:48	15:18	15:48	16:18	16:48	17:18	18:18	19:18	20:18	21:18	22:18	23:18								
Flatåsen senter									20:19	21:19	22:19	23:19								
Søndre Flatåsen									20:19	21:19	22:19	23:19								
Nordre Flatåsen		15:02		15:32		16:02		16:32		17:02		17:47		18:47		20:21	21:21	22:21	23:21	
Flatåsen senter	14:49	15:05	15:19	15:35	15:49	16:05	16:19	16:35	16:49	17:04	17:19	17:49	18:19	18:49	19:19					
Husebytnet 2	14:51	15:06	15:21	15:36	15:51	16:06	16:21	16:36	16:51	17:06	17:21	17:51	18:21	18:51	19:21	20:24	21:24	22:24	23:24	
Saupstadsenteret	14:52	15:07	15:22	15:37	15:52	16:07		16:37												
Casper Lundes veg	14:53	15:08	15:23	15:38	15:53	16:08		16:38												
Midteggen	14:54	15:09	15:24	15:39	15:54	16:09		16:39												
Saupstadringen 109	14:55	15:10	15:25	15:40	15:55	16:10		16:40												
Kolstad kirke							16:22		16:52	17:07	17:22	17:52	18:22	18:52	19:22	20:25	21:25	22:25	23:25	
Klokkstein	14:58	15:13	15:28	15:43	15:58	16:13	16:24	16:43	16:54	17:09	17:24	17:54	18:24	18:54	19:24	20:27	21:27	22:27	23:27	
Åsheim skole	15:00	15:15	15:30	15:45	16:00	16:15	16:26	16:45	16:56	17:11	17:26	17:56	18:26	18:56	19:26	20:29	21:29	22:29	23:29	
Heimdal stasjon	15:02	15:17	15:32	15:47	16:02	16:17	16:28	16:47	16:58	17:13	17:28	17:58	18:28	18:58	19:28	20:31	21:31	22:31	23:31	
Lundemobakken	15:04	15:19	15:34	15:49	16:04	16:19	16:30	16:49	17:00	17:15	17:30	18:00	18:30	19:00	19:30	20:33	21:33	22:33	23:33	
Johan Tillers vei	15:06	15:21	15:36	15:51	16:06	16:21	16:32	16:51	17:02	17:17	17:32	18:02	18:32	19:02	19:32	20:35	21:35	22:35	23:35	
Heimdalshallen	15:07	15:22	15:37	15:52	16:07	16:22	16:33	16:52	17:03	17:18	17:33	18:03	18:33	19:03	19:33	20:36	21:36	22:36	23:36	
C.J. Hambros vei	15:08	15:23	15:38	15:53	16:08	16:23	16:34	16:53	17:04	17:19	17:34	18:04	18:34	19:04	19:34	20:37	21:37	22:37	23:37	
Sivert Thonstads vei	15:10	15:25	15:40	15:55	16:10	16:25	16:36	16:55	17:06	17:21	17:36	18:06	18:36	19:06	19:36	20:39	21:39	22:39	23:39	
Vestre Rosten	15:10	15:25	15:40	15:55	16:10	16:25	16:36	16:55	17:06	17:21	17:36	18:06	18:36	19:06	19:36	20:39	21:39	22:39	23:39	
Tillerterminalen 1	15:13	15:28	15:43	15:58	16:13	16:28	16:39	16:58	17:09	17:24	17:39	18:09	18:39	19:09	19:39	20:42	21:42	22:42	23:42	
City Syd	15:14	15:29	15:44	15:59	16:14	16:29	16:40	16:59	17:10	17:25	17:40	18:10	18:40	19:10	19:40	20:43	21:43	22:43	23:43	
Tonstadgrenda	15:15	15:30	15:45	16:00	16:15	16:30	16:41	17:00	17:11	17:26	17:41	18:11	18:41	19:11	19:41	20:44	21:44	22:44	23:44	
Moltmyra	15:16	15:31	15:46	16:01	16:16	16:31	16:42	17:01	17:12	17:27	17:42	18:12	18:42	19:12	19:42	20:45	21:45	22:45	23:45	
Ingeborg Ofstads veg	15:18	15:33	15:48	16:03	16:18	16:33	16:44	17:03	17:14	17:29	17:44	18:14	18:44	19:14	19:44	20:47	21:47	22:47	23:47	
Koieflata	15:20	15:35	15:50	16:05	16:20	16:35	16:46	17:05	17:16	17:31	17:46	18:16	18:46	19:16	19:46	20:49	21:49	22:49	23:49	
Rognbudalen	15:21	15:36	15:51	16:06	16:21	16:36	16:47	17:06	17:17	17:32	17:47	18:17	18:47	19:17	19:47	20:50	21:50	22:50	23:50	
Torvtaket	15:22	15:37	15:52	16:07	16:22	16:37	16:48	17:07	17:18	17:33	17:48	18:18	18:48	19:18	19:48	20:51	21:51	22:51	23:51	
Torgardstrøa	Ank.	15:25	15:40	15:55	16:10	16:25	16:40	16:51	17:10	17:21	17:36	17:51	18:21	18:51	19:21	19:51	20:54	21:54	22:54	23:54



lørdag /  
Saturday

Flatåstoppen	07:15	08:15		09:15		10:15		11:15		12:15		13:15		14:15		15:15		16:15		17:15		18:15	
Høgreina Øvre	07:16	08:16		09:16		10:16		11:16		12:16		13:16		14:16		15:16		16:16		17:16		18:16	
Kolstadhaugen	07:18	08:18		09:18		10:18		11:18		12:18		13:18		14:18		15:18		16:18		17:18		18:18	
Flatåsen senter	07:19	08:19																					
Søndre Flatåsen	07:19	08:19																					
Nordre Flatåsen	07:21	08:21	08:47		09:47		10:47		11:47		12:47		13:47		14:47		15:47		16:47		17:47		
Flatåsen senter			08:49	09:19	09:49	10:19	10:49	11:19	11:49	12:19	12:49	13:19	13:49	14:19	14:49	15:19	15:49	16:19	16:49	17:19	17:49	18:19	
Husebytnet 2	07:24	08:24	08:51	09:21	09:51	10:21	10:51	11:21	11:51	12:21	12:51	13:21	13:51	14:21	14:51	15:21	15:51	16:21	16:51	17:21	17:51	18:21	
Saupstadsenteret																							
Casper Lundes veg																							
Midteggan																							
Saupstadringen 109																							
Kolstad kirke	07:25	08:25	08:52	09:22	09:52	10:22	10:52	11:22	11:52	12:22	12:52	13:22	13:52	14:22	14:52	15:22	15:52	16:22	16:52	17:22	17:52	18:22	
Klokkstein	07:27	08:27	08:54	09:24	09:54	10:24	10:54	11:24	11:54	12:24	12:54	13:24	13:54	14:24	14:54	15:24	15:54	16:24	16:54	17:24	17:54	18:24	
Åsheim skole	07:29	08:29	08:56	09:26	09:56	10:26	10:56	11:26	11:56	12:26	12:56	13:26	13:56	14:26	14:56	15:26	15:56	16:26	16:56	17:26	17:56	18:26	
Heimdal stasjon	07:31	08:31	08:58	09:28	09:58	10:28	10:58	11:28	11:58	12:28	12:58	13:28	13:58	14:28	14:58	15:28	15:58	16:28	16:58	17:28	17:58	18:28	
Lundemobakken	07:33	08:33	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	
Johan Tillers vei	07:35	08:35	09:02	09:32	10:02	10:32	11:02	11:32	12:02	12:32	13:02	13:32	14:02	14:32	15:02	15:32	16:02	16:32	17:02	17:32	18:02	18:32	
Heimdalshallen	07:36	08:36	09:03	09:33	10:03	10:33	11:03	11:33	12:03	12:33	13:03	13:33	14:03	14:33	15:03	15:33	16:03	16:33	17:03	17:33	18:03	18:33	
C.J. Hambros vei	07:37	08:37	09:04	09:34	10:04	10:34	11:04	11:34	12:04	12:34	13:04	13:34	14:04	14:34	15:04	15:34	16:04	16:34	17:04	17:34	18:04	18:34	
Sivert Thonstads vei	07:39	08:39	09:06	09:36	10:06	10:36	11:06	11:36	12:06	12:36	13:06	13:36	14:06	14:36	15:06	15:36	16:06	16:36	17:06	17:36	18:06	18:36	
Vestre Rosten	07:39	08:39	09:06	09:36	10:06	10:36	11:06	11:36	12:06	12:36	13:06	13:36	14:06	14:36	15:06	15:36	16:06	16:36	17:06	17:36	18:06	18:36	
Tillerterminalen 1	07:42	08:42	09:09	09:39	10:09	10:39	11:09	11:39	12:09	12:39	13:09	13:39	14:09	14:39	15:09	15:39	16:09	16:39	17:09	17:39	18:09	18:39	
City Syd	07:43	08:43	09:10	09:40	10:10	10:40	11:10	11:40	12:10	12:40	13:10	13:40	14:10	14:40	15:10	15:40	16:10	16:40	17:10	17:40	18:10	18:40	
Tonstadgrenda	07:44	08:44	09:11	09:41	10:11	10:41	11:11	11:41	12:11	12:41	13:11	13:41	14:11	14:41	15:11	15:41	16:11	16:41	17:11	17:41	18:11	18:41	
Moltmyra	07:45	08:45	09:12	09:42	10:12	10:42	11:12	11:42	12:12	12:42	13:12	13:42	14:12	14:42	15:12	15:42	16:12	16:42	17:12	17:42	18:12	18:42	
Ingeborg Ofstads veg	07:47	08:47	09:14	09:44	10:14	10:44	11:14	11:44	12:14	12:44	13:14	13:44	14:14	14:44	15:14	15:44	16:14	16:44	17:14	17:44	18:14	18:44	
Koieflata	07:49	08:49	09:16	09:46	10:16	10:46	11:16	11:46	12:16	12:46	13:16	13:46	14:16	14:46	15:16	15:46	16:16	16:46	17:16	17:46	18:16	18:46	
Rognbudalen	07:50	08:50	09:17	09:47	10:17	10:47	11:17	11:47	12:17	12:47	13:17	13:47	14:17	14:47	15:17	15:47	16:17	16:47	17:17	17:47	18:17	18:47	
Torvtaket	07:51	08:51	09:18	09:48	10:18	10:48	11:18	11:48	12:18	12:48	13:18	13:48	14:18	14:48	15:18	15:48	16:18	16:48	17:18	17:48	18:18	18:48	
Torgardstrøa	Ank.	07:54	08:54	09:21	09:51	10:21	10:51	11:21	11:51	12:21	12:51	13:21	13:51	14:21	14:51	15:21	15:51	16:21	16:51	17:21	17:51	18:21	18:51



lørdag / Saturday								søndag / Sunday															
Flatåstoppen			19:15		20:15	21:15	22:15	23:15	09:15	10:15	11:15	12:15	13:15	14:15	15:15	16:15	17:15	18:15	19:15	20:15	21:15	22:15	23:15
Høgreina Øvre			19:16		20:16	21:16	22:16	23:16	09:16	10:16	11:16	12:16	13:16	14:16	15:16	16:16	17:16	18:16	19:16	20:16	21:16	22:16	23:16
Kolstadhaugen			19:18		20:18	21:18	22:18	23:18	09:18	10:18	11:18	12:18	13:18	14:18	15:18	16:18	17:18	18:18	19:18	20:18	21:18	22:18	23:18
Flatåsen senter					20:19	21:19	22:19	23:19	09:19	10:19	11:19	12:19	13:19	14:19	15:19	16:19	17:19	18:19	19:19	20:19	21:19	22:19	23:19
Søndre Flatåsen					20:19	21:19	22:19	23:19	09:19	10:19	11:19	12:19	13:19	14:19	15:19	16:19	17:19	18:19	19:19	20:19	21:19	22:19	23:19
Nordre Flatåsen	18:47		19:47	20:21	21:21	22:21	23:21	09:21	10:21	11:21	12:21	13:21	14:21	15:21	16:21	17:21	18:21	19:21	20:21	21:21	22:21	23:21	
Flatåsen senter	18:49	19:19	19:49																				
Husebytnet 2	18:51	19:21	19:51	20:24	21:24	22:24	23:24	09:24	10:24	11:24	12:24	13:24	14:24	15:24	16:24	17:24	18:24	19:24	20:24	21:24	22:24	23:24	
Saupstadsenteret																							
Casper Lundes veg																							
Midteggen																							
Saupstadringen 109																							
Kolstad kirke	18:52	19:22	19:52	20:25	21:25	22:25	23:25	09:25	10:25	11:25	12:25	13:25	14:25	15:25	16:25	17:25	18:25	19:25	20:25	21:25	22:25	23:25	
Klokkstein	18:54	19:24	19:54	20:27	21:27	22:27	23:27	09:27	10:27	11:27	12:27	13:27	14:27	15:27	16:27	17:27	18:27	19:27	20:27	21:27	22:27	23:27	
Åsheim skole	18:56	19:26	19:56	20:29	21:29	22:29	23:29	09:29	10:29	11:29	12:29	13:29	14:29	15:29	16:29	17:29	18:29	19:29	20:29	21:29	22:29	23:29	
Heimdal stasjon	18:58	19:28	19:58	20:31	21:31	22:31	23:31	09:31	10:31	11:31	12:31	13:31	14:31	15:31	16:31	17:31	18:31	19:31	20:31	21:31	22:31	23:31	
Lundemobakken	19:00	19:30	20:00	20:33	21:33	22:33	23:33	09:33	10:33	11:33	12:33	13:33	14:33	15:33	16:33	17:33	18:33	19:33	20:33	21:33	22:33	23:33	
Johan Tillers vei	19:02	19:32	20:02	20:35	21:35	22:35	23:35	09:35	10:35	11:35	12:35	13:35	14:35	15:35	16:35	17:35	18:35	19:35	20:35	21:35	22:35	23:35	
Heimdalshallen	19:03	19:33	20:03	20:36	21:36	22:36	23:36	09:36	10:36	11:36	12:36	13:36	14:36	15:36	16:36	17:36	18:36	19:36	20:36	21:36	22:36	23:36	
C.J. Hambros vei	19:04	19:34	20:04	20:37	21:37	22:37	23:37	09:37	10:37	11:37	12:37	13:37	14:37	15:37	16:37	17:37	18:37	19:37	20:37	21:37	22:37	23:37	
Sivert Thonstads vei	19:06	19:36	20:06	20:39	21:39	22:39	23:39	09:39	10:39	11:39	12:39	13:39	14:39	15:39	16:39	17:39	18:39	19:39	20:39	21:39	22:39	23:39	
Vestre Rosten	19:06	19:36	20:06	20:39	21:39	22:39	23:39	09:39	10:39	11:39	12:39	13:39	14:39	15:39	16:39	17:39	18:39	19:39	20:39	21:39	22:39	23:39	
Tillerterminalen 1	19:09	19:39	20:09	20:42	21:42	22:42	23:42	09:42	10:42	11:42	12:42	13:42	14:42	15:42	16:42	17:42	18:42	19:42	20:42	21:42	22:42	23:42	
City Syd	19:10	19:40	20:10	20:43	21:43	22:43	23:43	09:43	10:43	11:43	12:43	13:43	14:43	15:43	16:43	17:43	18:43	19:43	20:43	21:43	22:43	23:43	
Tonstadgrenda	19:11	19:41	20:11	20:44	21:44	22:44	23:44	09:44	10:44	11:44	12:44	13:44	14:44	15:44	16:44	17:44	18:44	19:44	20:44	21:44	22:44	23:44	
Moltmyra	19:12	19:42	20:12	20:45	21:45	22:45	23:45	09:45	10:45	11:45	12:45	13:45	14:45	15:45	16:45	17:45	18:45	19:45	20:45	21:45	22:45	23:45	
Ingeborg Ofstads veg	19:14	19:44	20:14	20:47	21:47	22:47	23:47	09:47	10:47	11:47	12:47	13:47	14:47	15:47	16:47	17:47	18:47	19:47	20:47	21:47	22:47	23:47	
Koieflata	19:16	19:46	20:16	20:49	21:49	22:49	23:49	09:49	10:49	11:49	12:49	13:49	14:49	15:49	16:49	17:49	18:49	19:49	20:49	21:49	22:49	23:49	
Rognbudalen	19:17	19:47	20:17	20:50	21:50	22:50	23:50	09:50	10:50	11:50	12:50	13:50	14:50	15:50	16:50	17:50	18:50	19:50	20:50	21:50	22:50	23:50	
Torvtaket	19:18	19:48	20:18	20:51	21:51	22:51	23:51	09:51	10:51	11:51	12:51	13:51	14:51	15:51	16:51	17:51	18:51	19:51	20:51	21:51	22:51	23:51	
Torgardstrøa	Ank.	19:21	19:51	20:21	20:54	21:54	23:54	09:54	10:54	11:54	12:54	13:54	14:54	15:54	16:54	17:54	18:54	19:54	20:54	21:54	22:54	23:54	



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Torgardstrøa	06:30	06:45	07:00	07:15	07:30	07:45	08:00	08:15	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	13:45	14:00	14:15
Løvaasveien	06:31	06:46	07:01	07:16	07:31	07:46	08:01	08:16	08:31	09:01	09:31	10:01	10:31	11:01	11:31	12:01	12:31	13:01	13:31	13:46	14:01	14:16
Torvtaket	06:33	06:48	07:03	07:18	07:33	07:48	08:03	08:18	08:33	09:03	09:33	10:03	10:33	11:03	11:33	12:03	12:33	13:03	13:33	13:48	14:03	14:18
Rognbudalen	06:35	06:50	07:05	07:20	07:35	07:50	08:05	08:20	08:35	09:05	09:35	10:05	10:35	11:05	11:35	12:05	12:35	13:05	13:35	13:50	14:05	14:20
Ingeborg Ofstads veg	06:38	06:53	07:08	07:23	07:38	07:53	08:08	08:23	08:38	09:08	09:38	10:08	10:38	11:08	11:38	12:08	12:38	13:08	13:38	13:53	14:08	14:23
Moltmyra øst	06:39	06:54	07:09	07:24	07:39	07:54	08:09	08:24	08:39	09:09	09:39	10:09	10:39	11:09	11:39	12:09	12:39	13:09	13:39	13:54	14:09	14:24
Torvmyra	06:40	06:55	07:10	07:25	07:40	07:55	08:10	08:25	08:40	09:10	09:40	10:10	10:40	11:10	11:40	12:10	12:40	13:10	13:40	13:55	14:10	14:25
City Syd	06:41	06:56	07:11	07:26	07:41	07:56	08:11	08:26	08:41	09:11	09:41	10:11	10:41	11:11	11:41	12:11	12:41	13:11	13:41	13:56	14:11	14:26
Tillerterminalen 2	06:42	06:57	07:12	07:27	07:42	07:57	08:12	08:27	08:42	09:12	09:42	10:12	10:42	11:12	11:42	12:12	12:42	13:12	13:42	13:57	14:12	14:27
Vestre Rosten	06:45	07:00	07:15	07:30	07:45	08:00	08:15	08:30	08:45	09:15	09:45	10:15	10:45	11:15	11:45	12:15	12:45	13:15	13:45	14:00	14:15	14:30
Sivert Thonstads vei	06:46	07:01	07:16	07:31	07:46	08:01	08:16	08:31	08:46	09:16	09:46	10:16	10:46	11:16	11:46	12:16	12:46	13:16	13:46	14:01	14:16	14:31
C.J. Hambros vei	06:47	07:02	07:17	07:32	07:47	08:02	08:17	08:32	08:47	09:17	09:47	10:17	10:47	11:17	11:47	12:17	12:47	13:17	13:47	14:02	14:17	14:32
Idrettsveien	06:48	07:03	07:18	07:33	07:48	08:03	08:18	08:33	08:48	09:18	09:48	10:18	10:48	11:18	11:48	12:18	12:48	13:18	13:48	14:03	14:18	14:33
Lundemobakken	06:50	07:05	07:20	07:35	07:50	08:05	08:20	08:35	08:50	09:20	09:50	10:20	10:50	11:20	11:50	12:20	12:50	13:20	13:50	14:05	14:20	14:35
Heimdal stasjon	06:53	07:08	07:23	07:38	07:53	08:08	08:23	08:38	08:53	09:23	09:53	10:23	10:53	11:23	11:53	12:23	12:53	13:23	13:53	14:08	14:23	14:38
Åsheim skole	06:55	07:10	07:25	07:40	07:55	08:10	08:25	08:40	08:55	09:25	09:55	10:25	10:55	11:25	11:55	12:25	12:55	13:25	13:55	14:10	14:25	14:40
Klokkstein	06:56	07:11	07:26	07:41	07:56	08:11	08:26	08:41	08:56	09:26	09:56	10:26	10:56	11:26	11:56	12:26	12:56	13:26	13:56	14:11	14:26	14:41
Saupstadmyra	06:57	07:12	07:27	07:42	07:57	08:12	08:27	08:42	08:57	09:27	09:57	10:27	10:57	11:27	11:57	12:27	12:57	13:27	13:57	14:12	14:27	14:42
Saupstadringen 109		07:13	07:28	07:43	07:58	08:13	08:28	08:43	08:58	09:28	09:58	10:28	10:58	11:28	11:58	12:28	12:58	13:28	13:58	14:13	14:28	14:43
Casper Lundes veg		07:15	07:30	07:45	08:00	08:15	08:30	08:45	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:15	14:30	14:45
Saupstadsenteret		07:16	07:31	07:46	08:01	08:16	08:31	08:46	09:01	09:31	10:01	10:31	11:01	11:31	12:01	12:31	13:01	13:31	14:01	14:16	14:31	14:46
Kolstad kirke	06:58																					
Husebytunet 1	07:00	07:18	07:33	07:48	08:03	08:18	08:33	08:48	09:03	09:33	10:03	10:33	11:03	11:33	12:03	12:33	13:03	13:33	14:03	14:18	14:33	14:48
Flatåsen senter		07:19	07:34	07:49	08:04	08:19	08:34	08:49	09:04	09:34	10:04	10:34	11:04	11:34	12:04	12:34	13:04	13:34	14:04	14:19	14:34	14:49
Søndre Flatåsen		07:21		07:51		08:21		08:51		09:36		10:36		11:36		12:36		13:36		14:21		14:51
Nordre Flatåsen		07:22		07:52		08:22		08:52		09:37		10:37		11:37		12:37		13:37		14:22		14:52
Flatåsen senter	07:01																					
Furuhaugen	07:03	07:36	08:06	08:36	09:06	10:06	11:06	12:06	13:06	14:06	14:36											
Høgreina	07:04	07:37	08:07	08:37	09:07	10:07	11:07	12:07	13:07	14:07	14:37											
Flatåstoppen	Ank.	07:05	07:38	08:08	08:38	09:08	10:08	11:08	12:08	13:08	14:38											



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Torgardstrøa	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:10	21:10	22:10	23:10	
Løvaasveien	14:31	14:46	15:01	15:16	15:31	15:46	16:01	16:16	16:31	17:01	17:31	18:01	18:31	19:01	19:31	20:11	21:11	22:11	23:11	
Torvtaket	14:33	14:48	15:03	15:18	15:33	15:48	16:03	16:18	16:33	17:03	17:33	18:03	18:33	19:03	19:33	20:13	21:13	22:13	23:13	
Rognbudalen	14:35	14:50	15:05	15:20	15:35	15:50	16:05	16:20	16:35	17:05	17:35	18:05	18:35	19:05	19:35	20:15	21:15	22:15	23:15	
Ingeborg Ofstads veg	14:38	14:53	15:08	15:23	15:38	15:53	16:08	16:23	16:38	17:08	17:38	18:08	18:38	19:08	19:38	20:18	21:18	22:18	23:18	
Moltmyra øst	14:39	14:54	15:09	15:24	15:39	15:54	16:09	16:24	16:39	17:09	17:39	18:09	18:39	19:09	19:39	20:19	21:19	22:19	23:19	
Torvmyra	14:40	14:55	15:10	15:25	15:40	15:55	16:10	16:25	16:40	17:10	17:40	18:10	18:40	19:10	19:40	20:20	21:20	22:20	23:20	
City Syd	14:41	14:56	15:11	15:26	15:41	15:56	16:11	16:26	16:41	17:11	17:41	18:11	18:41	19:11	19:41	20:21	21:21	22:21	23:21	
Tillerterminalen 2	14:42	14:57	15:12	15:27	15:42	15:57	16:12	16:27	16:42	17:12	17:42	18:12	18:42	19:12	19:42	20:22	21:22	22:22	23:22	
Vestre Rosten	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:15	17:45	18:15	18:45	19:15	19:45	20:25	21:25	22:25	23:25	
Sivert Thonstads vei	14:46	15:01	15:16	15:31	15:46	16:01	16:16	16:31	16:46	17:16	17:46	18:16	18:46	19:16	19:46	20:26	21:26	22:26	23:26	
C.J. Hambros vei	14:47	15:02	15:17	15:32	15:47	16:02	16:17	16:32	16:47	17:17	17:47	18:17	18:47	19:17	19:47	20:27	21:27	22:27	23:27	
Idrettsveien	14:48	15:03	15:18	15:33	15:48	16:03	16:18	16:33	16:48	17:18	17:48	18:18	18:48	19:18	19:48	20:28	21:28	22:28	23:28	
Lundemobakken	14:50	15:05	15:20	15:35	15:50	16:05	16:20	16:35	16:50	17:20	17:50	18:20	18:50	19:20	19:50	20:30	21:30	22:30	23:30	
Heimdal stasjon	14:53	15:08	15:23	15:38	15:53	16:08	16:23	16:38	16:53	17:23	17:53	18:23	18:53	19:23	19:53	20:33	21:33	22:33	23:33	
Åsheim skole	14:55	15:10	15:25	15:40	15:55	16:10	16:25	16:40	16:55	17:25	17:55	18:25	18:55	19:25	19:55	20:35	21:35	22:35	23:35	
Klokkstein	14:56	15:11	15:26	15:41	15:56	16:11	16:26	16:41	16:56	17:26	17:56	18:26	18:56	19:26	19:56	20:36	21:36	22:36	23:36	
Saupstadmyra	14:57	15:12	15:27	15:42	15:57	16:12	16:27	16:42	16:57	17:27	17:57	18:27	18:57	19:27	19:57	20:37	21:37	22:37	23:37	
Saupstadringen 109	14:58	15:13	15:28	15:43	15:58	16:13		16:43												
Casper Lundes veg	15:00	15:15	15:30	15:45	16:00	16:15		16:45												
Saupstadsenteret	15:01	15:16	15:31	15:46	16:01	16:16		16:46												
Kolstad kirke							16:28		16:58	17:28	17:58	18:28	18:58	19:28	19:58	20:38	21:38	22:38	23:38	
Husebytunet 1	15:03	15:18	15:33	15:48	16:03	16:18	16:30	16:48	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:40	21:40	22:40	23:40	
Flatåsen senter	15:04	15:19	15:34	15:49	16:04	16:19		16:49		17:31		18:31		19:31						
Søndre Flatåsen		15:21		15:51		16:21		16:51		17:33		18:33		19:33		20:41	21:41	22:41	23:41	
Nordre Flatåsen		15:22		15:52		16:22		16:52		17:34		18:34		19:34		20:41	21:41	22:41	23:41	
Flatåsen senter							16:31		17:01		18:01		19:01		20:01	20:45	21:45	22:45	23:45	
Furuhaugen	15:06		15:36		16:06		16:33		17:03		18:03		19:03		20:03	20:47	21:47	22:47	23:47	
Høgreina	15:07		15:37		16:07		16:34		17:04		18:04		19:04		20:04	20:48	21:48	22:48	23:48	
Flatåstoppen	Ank.	15:08		15:38		16:08		16:35		17:05		18:05		19:05		20:05	20:49	21:49	22:49	23:49



lørdag /  
Saturday

Torgardstrøa	07:00	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00
Løvaasveien	07:01	08:01	08:31	09:01	09:31	10:01	10:31	11:01	11:31	12:01	12:31	13:01	13:31	14:01	14:31	15:01	15:31	16:01	16:31	17:01	17:31	18:01
Torvtaket	07:03	08:03	08:33	09:03	09:33	10:03	10:33	11:03	11:33	12:03	12:33	13:03	13:33	14:03	14:33	15:03	15:33	16:03	16:33	17:03	17:33	18:03
Rognbudalen	07:05	08:05	08:35	09:05	09:35	10:05	10:35	11:05	11:35	12:05	12:35	13:05	13:35	14:05	14:35	15:05	15:35	16:05	16:35	17:05	17:35	18:05
Ingeborg Ofstads veg	07:08	08:08	08:38	09:08	09:38	10:08	10:38	11:08	11:38	12:08	12:38	13:08	13:38	14:08	14:38	15:08	15:38	16:08	16:38	17:08	17:38	18:08
Moltmyra øst	07:09	08:09	08:39	09:09	09:39	10:09	10:39	11:09	11:39	12:09	12:39	13:09	13:39	14:09	14:39	15:09	15:39	16:09	16:39	17:09	17:39	18:09
Torvmyra	07:10	08:10	08:40	09:10	09:40	10:10	10:40	11:10	11:40	12:10	12:40	13:10	13:40	14:10	14:40	15:10	15:40	16:10	16:40	17:10	17:40	18:10
City Syd	07:11	08:11	08:41	09:11	09:41	10:11	10:41	11:11	11:41	12:11	12:41	13:11	13:41	14:11	14:41	15:11	15:41	16:11	16:41	17:11	17:41	18:11
Tillerterminalen 2	07:12	08:12	08:42	09:12	09:42	10:12	10:42	11:12	11:42	12:12	12:42	13:12	13:42	14:12	14:42	15:12	15:42	16:12	16:42	17:12	17:42	18:12
Vestre Rosten	07:15	08:15	08:45	09:15	09:45	10:15	10:45	11:15	11:45	12:15	12:45	13:15	13:45	14:15	14:45	15:15	15:45	16:15	16:45	17:15	17:45	18:15
Sivert Thonstads vei	07:16	08:16	08:46	09:16	09:46	10:16	10:46	11:16	11:46	12:16	12:46	13:16	13:46	14:16	14:46	15:16	15:46	16:16	16:46	17:16	17:46	18:16
C.J. Hambros vei	07:17	08:17	08:47	09:17	09:47	10:17	10:47	11:17	11:47	12:17	12:47	13:17	13:47	14:17	14:47	15:17	15:47	16:17	16:47	17:17	17:47	18:17
Idrettsveien	07:18	08:18	08:48	09:18	09:48	10:18	10:48	11:18	11:48	12:18	12:48	13:18	13:48	14:18	14:48	15:18	15:48	16:18	16:48	17:18	17:48	18:18
Lundemobakken	07:20	08:20	08:50	09:20	09:50	10:20	10:50	11:20	11:50	12:20	12:50	13:20	13:50	14:20	14:50	15:20	15:50	16:20	16:50	17:20	17:50	18:20
Heimdal stasjon	07:23	08:23	08:53	09:23	09:53	10:23	10:53	11:23	11:53	12:23	12:53	13:23	13:53	14:23	14:53	15:23	15:53	16:23	16:53	17:23	17:53	18:23
Åsheim skole	07:25	08:25	08:55	09:25	09:55	10:25	10:55	11:25	11:55	12:25	12:55	13:25	13:55	14:25	14:55	15:25	15:55	16:25	16:55	17:25	17:55	18:25
Klokkstein	07:26	08:26	08:56	09:26	09:56	10:26	10:56	11:26	11:56	12:26	12:56	13:26	13:56	14:26	14:56	15:26	15:56	16:26	16:56	17:26	17:56	18:26
Saupstadmyra	07:27	08:27	08:57	09:27	09:57	10:27	10:57	11:27	11:57	12:27	12:57	13:27	13:57	14:27	14:57	15:27	15:57	16:27	16:57	17:27	17:57	18:27
Saupstadringen 109																						
Casper Lundes veg																						
Saupstadsenteret																						
Kolstad kirke	07:28	08:28	08:58	09:28	09:58	10:28	10:58	11:28	11:58	12:28	12:58	13:28	13:58	14:28	14:58	15:28	15:58	16:28	16:58	17:28	17:58	18:28
Husebytunet 1	07:30	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30
Flatåsen senter		08:31		09:31		10:31		11:31		12:31		13:31		14:31		15:31		16:31		17:31		18:31
Søndre Flatåsen	07:31	08:33		09:33		10:33		11:33		12:33		13:33		14:33		15:33		16:33		17:33		18:33
Nordre Flatåsen	07:31	08:34		09:34		10:34		11:34		12:34		13:34		14:34		15:34		16:34		17:34		18:34
Flatåsen senter	07:35		09:01		10:01		11:01		12:01		13:01		14:01		15:01		16:01		17:01		18:01	
Furuhaugen	07:37		09:03		10:03		11:03		12:03		13:03		14:03		15:03		16:03		17:03		18:03	
Høgreina	07:38		09:04		10:04		11:04		12:04		13:04		14:04		15:04		16:04		17:04		18:04	
Flatåstoppen	Ank.	07:39		09:05		10:05		11:05		12:05		13:05		14:05		15:05		16:05		17:05		18:05



lørdag / Saturday								søndag / Sunday															
Torgardstrøa	18:30	19:00	19:30	20:10	21:10	22:10	23:10	09:10	10:10	11:10	12:10	13:10	14:10	15:10	16:10	17:10	18:10	19:10	20:10	21:10	22:10	23:10	
Løvaasveien	18:31	19:01	19:31	20:11	21:11	22:11	23:11	09:11	10:11	11:11	12:11	13:11	14:11	15:11	16:11	17:11	18:11	19:11	20:11	21:11	22:11	23:11	
Torvtaket	18:33	19:03	19:33	20:13	21:13	22:13	23:13	09:13	10:13	11:13	12:13	13:13	14:13	15:13	16:13	17:13	18:13	19:13	20:13	21:13	22:13	23:13	
Rognbudalen	18:35	19:05	19:35	20:15	21:15	22:15	23:15	09:15	10:15	11:15	12:15	13:15	14:15	15:15	16:15	17:15	18:15	19:15	20:15	21:15	22:15	23:15	
Ingeborg Ofstads veg	18:38	19:08	19:38	20:18	21:18	22:18	23:18	09:18	10:18	11:18	12:18	13:18	14:18	15:18	16:18	17:18	18:18	19:18	20:18	21:18	22:18	23:18	
Moltmyra øst	18:39	19:09	19:39	20:19	21:19	22:19	23:19	09:19	10:19	11:19	12:19	13:19	14:19	15:19	16:19	17:19	18:19	19:19	20:19	21:19	22:19	23:19	
Torvmyra	18:40	19:10	19:40	20:20	21:20	22:20	23:20	09:20	10:20	11:20	12:20	13:20	14:20	15:20	16:20	17:20	18:20	19:20	20:20	21:20	22:20	23:20	
City Syd	18:41	19:11	19:41	20:21	21:21	22:21	23:21	09:21	10:21	11:21	12:21	13:21	14:21	15:21	16:21	17:21	18:21	19:21	20:21	21:21	22:21	23:21	
Tillerterminalen 2	18:42	19:12	19:42	20:22	21:22	22:22	23:22	09:22	10:22	11:22	12:22	13:22	14:22	15:22	16:22	17:22	18:22	19:22	20:22	21:22	22:22	23:22	
Vestre Rosten	18:45	19:15	19:45	20:25	21:25	22:25	23:25	09:25	10:25	11:25	12:25	13:25	14:25	15:25	16:25	17:25	18:25	19:25	20:25	21:25	22:25	23:25	
Sivert Thonstads vei	18:46	19:16	19:46	20:26	21:26	22:26	23:26	09:26	10:26	11:26	12:26	13:26	14:26	15:26	16:26	17:26	18:26	19:26	20:26	21:26	22:26	23:26	
C.J. Hambros vei	18:47	19:17	19:47	20:27	21:27	22:27	23:27	09:27	10:27	11:27	12:27	13:27	14:27	15:27	16:27	17:27	18:27	19:27	20:27	21:27	22:27	23:27	
Idrettsveien	18:48	19:18	19:48	20:28	21:28	22:28	23:28	09:28	10:28	11:28	12:28	13:28	14:28	15:28	16:28	17:28	18:28	19:28	20:28	21:28	22:28	23:28	
Lundemobakken	18:50	19:20	19:50	20:30	21:30	22:30	23:30	09:30	10:30	11:30	12:30	13:30	14:30	15:30	16:30	17:30	18:30	19:30	20:30	21:30	22:30	23:30	
Heimdal stasjon	18:53	19:23	19:53	20:33	21:33	22:33	23:33	09:33	10:33	11:33	12:33	13:33	14:33	15:33	16:33	17:33	18:33	19:33	20:33	21:33	22:33	23:33	
Åsheim skole	18:55	19:25	19:55	20:35	21:35	22:35	23:35	09:35	10:35	11:35	12:35	13:35	14:35	15:35	16:35	17:35	18:35	19:35	20:35	21:35	22:35	23:35	
Klokkstein	18:56	19:26	19:56	20:36	21:36	22:36	23:36	09:36	10:36	11:36	12:36	13:36	14:36	15:36	16:36	17:36	18:36	19:36	20:36	21:36	22:36	23:36	
Saupstadmyra	18:57	19:27	19:57	20:37	21:37	22:37	23:37	09:37	10:37	11:37	12:37	13:37	14:37	15:37	16:37	17:37	18:37	19:37	20:37	21:37	22:37	23:37	
Saupstadringen 109																							
Casper Lundes veg																							
Saupstadsenteret																							
Kolstad kirke	18:58	19:28	19:58	20:38	21:38	22:38	23:38	09:38	10:38	11:38	12:38	13:38	14:38	15:38	16:38	17:38	18:38	19:38	20:38	21:38	22:38	23:38	
Husebytunet 1	19:00	19:30	20:00	20:40	21:40	22:40	23:40	09:40	10:40	11:40	12:40	13:40	14:40	15:40	16:40	17:40	18:40	19:40	20:40	21:40	22:40	23:40	
Flatåsen senter		19:31																					
Søndre Flatåsen		19:33		20:41	21:41	22:41	23:41	09:41	10:41	11:41	12:41	13:41	14:41	15:41	16:41	17:41	18:41	19:41	20:41	21:41	22:41	23:41	
Nordre Flatåsen		19:34		20:41	21:41	22:41	23:41	09:41	10:41	11:41	12:41	13:41	14:41	15:41	16:41	17:41	18:41	19:41	20:41	21:41	22:41	23:41	
Flatåsen senter	19:01		20:01	20:45	21:45	22:45	23:45	09:45	10:45	11:45	12:45	13:45	14:45	15:45	16:45	17:45	18:45	19:45	20:45	21:45	22:45	23:45	
Furuhaugen	19:03		20:03	20:47	21:47	22:47	23:47	09:47	10:47	11:47	12:47	13:47	14:47	15:47	16:47	17:47	18:47	19:47	20:47	21:47	22:47	23:47	
Høgreina	19:04		20:04	20:48	21:48	22:48	23:48	09:48	10:48	11:48	12:48	13:48	14:48	15:48	16:48	17:48	18:48	19:48	20:48	21:48	22:48	23:48	
Flatåstoppen	Ank.	19:05		20:05	20:49	21:49	22:49	23:49	09:49	10:49	11:49	12:49	13:49	14:49	15:49	16:49	17:49	18:49	19:49	20:49	21:49	22:49	23:49

