

10 Sildråpevegen > Strindheim > Sentrum > Rate / Ratesvingen / Sjetnmarka

Gjelder fom 17. august 2024 / v.2
Effective from August 17th 2024 / v.2

mandag - fredag /
Monday - Friday

																		Min fom 09:02 tom 13:22			14:03 tom 16:23	
Sildråpevegen	05:54	06:24	06:34	06:44	06:55	07:05	07:13	07:23	07:33	07:43	07:53	08:03	08:13	08:22	08:32	08:42	08:52	02	22	42	13:43	03
Angelltrøvegen	05:55	06:25	06:35	06:45	06:56	07:06	07:14	07:24	07:34	07:44	07:54	08:04	08:14	08:23	08:33	08:43	08:53	03	23	43	13:44	04
Trondheim fengsel	05:57	06:27	06:37	06:47	06:58	07:08	07:16	07:26	07:36	07:46	07:56	08:06	08:16	08:25	08:35	08:45	08:55	05	25	45	13:46	06
Iskremfabrikken	05:58	06:28	06:38	06:48	06:59	07:09	07:17	07:27	07:37	07:47	07:57	08:07	08:17	08:26	08:36	08:46	08:56	06	26	46	13:47	07
Strindheim skole	06:02	06:32	06:42	06:52	07:03	07:13	07:21	07:31	07:41	07:51	08:01	08:11	08:21	08:30	08:40	08:50	09:00	10	30	50	13:51	11
Strindheim 1	06:03	06:33	06:43	06:53	07:04	07:14	07:22	07:32	07:42	07:52	08:02	08:12	08:22	08:31	08:41	08:51	09:01	11	31	51	13:52	12
Buran 1	06:06	06:36	06:46	06:56	07:07	07:17	07:25	07:35	07:45	07:55	08:05	08:15	08:25	08:34	08:44	08:54	09:04	14	34	54	13:55	15
Dyre Halses gate	06:08	06:39	06:49	06:59	07:10	07:20	07:28	07:38	07:48	07:58	08:08	08:18	08:28	08:37	08:47	08:57	09:07	17	37	57	13:58	18
Trondheim S 10	06:10	06:41	06:51	07:01	07:12	07:22	07:30	07:40	07:50	08:00	08:10	08:20	08:30	08:39	08:49	08:59	09:09	19	39	59	14:00	20
Olav Tryggvasons gate 1	06:12	06:43	06:53	07:03	07:14	07:24	07:32	07:42	07:52	08:02	08:12	08:22	08:32	08:41	08:51	09:01	09:11	21	41	01	14:02	22
Prinsens gate P1	06:15	06:46	06:56	07:06	07:17	07:27	07:35	07:45	07:55	08:05	08:15	08:25	08:35	08:44	08:54	09:04	09:14	24	44	04	14:05	25
Nidarosdomen	06:16	06:47	06:57	07:07	07:19	07:29	07:37	07:47	07:57	08:07	08:17	08:27	08:37	08:45	08:55	09:05	09:15	25	45	05	14:07	27
Studentersamfundet 2	06:17	06:48	06:58	07:08	07:20	07:30	07:38	07:48	07:58	08:08	08:18	08:28	08:38	08:46	08:56	09:06	09:16	26	46	06	14:08	28
Lerkendal 4																						
Valgrindvegen																						
Siemens	06:22	06:55	07:05	07:15	07:27	07:37	07:45	07:55	08:05	08:15	08:25	08:35	08:45	08:53	09:03	09:13	09:23	33	53	13	14:15	35
Nidarvoll skole	06:24	06:57	07:07	07:17	07:29	07:39	07:47	07:57	08:07	08:17	08:27	08:37	08:47	08:55	09:05	09:15	09:25	35	55	15	14:17	37
Dalsaunevegen	06:25	06:58	07:08	07:18	07:30	07:40	07:48	07:58	08:08	08:18	08:28	08:38	08:48	08:56	09:06	09:16	09:26	36	56	16	14:18	38
Nordslettvegen	06:28	07:01	07:11	07:21	07:33	07:43	07:51	08:01	08:11	08:21	08:31	08:41	08:51	08:59	09:09	09:19	09:29	39	59	19	14:21	41
Nordslettvegen Terrasse	06:29		07:12	07:22		07:44	07:52		08:12	08:22		08:42		09:00	09:10	09:20	09:30		00	20	14:22	
Nordslettvegen snuplass	06:30		07:13	07:23		07:45	07:53		08:13	08:23		08:43		09:01	09:11	09:21	09:31		01	21	14:23	
Ratesvingen	06:33	07:02	07:16	07:26	07:34	07:48	07:56	08:02	08:16	08:26	08:32	08:46	08:52	09:04	09:14	09:24	09:34	40	04	24	14:26	42
Rate		07:03			07:36			08:04			08:34		08:54					41				44
Fossegrenda																						
Nedre Leirfoss																						
Okstad skole																						
Okstadplassen																						
Okstad Østre																						
Okstad																						
Tonstadkrysset 2																						
Paul Skolemesters veg																						

• Tabellen viser utvalgte holdeplasser. Se app AtB eller reisepanlegger for komplett oversikt.
• Tidligste passeringstider: I perioder med mye trafikk vil bussen kunne passere noen minutter senere.



• Timetable shows selected stops. Se app AtB or travel planner for a complete list.
• Earliest departure: During peak hours, the bus may depart a few minutes later.

mandag - fredag /
Monday - Friday

	Min fom 14:03 tom 16:23					Min fom 17:22 tom 19:22					Min fom 20:22 tom 22:02			Min fom 22:22 tom 24:02						
Sildråpevegen	13	23	33	43	53	16:33	16:43	16:53	17:03	22	42	02	19:42	20:02	22	42	02	22	42	02
Angelltrøvegen	14	24	34	44	54	16:34	16:44	16:54	17:04	23	43	03	19:43	20:03	23	43	03	23	43	03
Trondheim fengsel	16	26	36	46	56	16:36	16:46	16:56	17:06	25	45	05	19:45	20:05	25	45	05	25	45	05
Iskremfabrikken	17	27	37	47	57	16:37	16:47	16:57	17:07	26	46	06	19:46	20:06	26	46	06	26	46	06
Strindheim skole	21	31	41	51	01	16:41	16:51	17:01	17:11	30	50	10	19:50	20:10	30	50	10	30	50	10
Strindheim 1	22	32	42	52	02	16:42	16:52	17:02	17:12	31	51	11	19:51	20:11	31	51	11	31	51	11
Buran 1	25	35	45	55	05	16:45	16:55	17:05	17:15	34	54	14	19:54	20:14	34	54	14	34	54	14
Dyre Halses gate	28	38	48	58	08	16:48	16:58	17:08	17:18	37	57	17	19:56	20:16	36	56	16	36	56	16
Trondheim S 10	30	40	50	00	10	16:50	17:00	17:10	17:20	39	59	19	19:58	20:18	38	58	18	38	58	18
Olav Tryggvasons gate 1	32	42	52	02	12	16:52	17:02	17:12	17:22	41	01	21	20:00	20:20	40	00	20	40	00	20
Prinsens gate P1	35	45	55	05	15	16:55	17:05	17:15	17:25	44	04	24	20:03	20:23	43	03	23	43	03	23
Nidarosdomen	37	47	57	07	17	16:57	17:07	17:17	17:27	45	05	25	20:04	20:24	44	04	24	44	04	24
Studentersamfundet 2	38	48	58	08	18	16:58	17:08	17:18	17:28	46	06	26	20:05	20:25	45	05	25	45	05	25
Lerkendal 4															48	08	28	48	08	28
Valgrindvegen															49	09	29	49	09	29
Siemens	45	55	05	15	25	17:05	17:15	17:25	17:35	53	13	33	20:10	20:30	51	11	31	51	11	31
Nidarvoll skole	47	57	07	17	27	17:07	17:17	17:27	17:37	55	15	35	20:12	20:32	53	13	33	53	13	33
Dalsaunevegen	48	58	08	18	28	17:08	17:18	17:28	17:38	56	16	36	20:13	20:33	55	15	35	55	15	35
Nordslettvegen	51	01	11	21	31	17:11	17:21	17:31	17:41	59	19	39	20:16	20:36	58	18	38	58	18	38
Nordslettvegen Terrasse	52	02		22	32	17:12	17:22	17:32		00	20		20:17							
Nordslettvegen snuplass	53	03		23	33	17:13	17:23	17:33		01	21		20:18							
Ratesvingen	56	06	12	26	36	17:16	17:26	17:36	17:42	04	24	40	20:21	20:37						
Rate			14						17:44			41		20:38						
Fossegrenda															59	19	39	59	19	39
Nedre Leirfoss															02	22	42	02	22	42
Okstad skole																	45			45
Okstadplassen																	46			46
Okstad Østre																	47			47
Okstad															05	25		05	25	
Tonstadkrysset 2															07	27		07	27	
Paul Skolemesters veg															10	30		10	30	

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	lørdag / Saturday												søndag / Sunday					
	Min fom 06:07 tom 07:47			Min fom 08:03 tom 10:03			Min fom 10:23 tom 18:23			Min fom 18:43 tom 20:03			Min fom 20:23 tom 24:03			Min fom 09:03 tom 24:03		
Sildråpevegen	07	27	47	03	23	43	23	43	03	43	03	23	23	43	03	03	23	43
Angelltrøvegen	08	28	48	04	24	44	24	44	04	44	04	24	24	44	04	04	24	44
Trondheim fengsel	10	30	50	06	26	46	26	46	06	46	06	26	26	46	06	06	26	46
Iskremfabrikken	11	31	51	07	27	47	27	47	07	47	07	27	27	47	07	07	27	47
Strindheim skole	15	35	55	11	31	51	31	51	11	51	11	31	31	51	11	11	31	51
Strindheim 1	16	36	56	12	32	52	32	52	12	52	12	32	32	52	12	12	32	52
Buran 1	19	39	59	15	35	55	35	55	15	55	15	35	35	55	15	15	35	55
Dyre Halses gate	21	41	01	17	37	57	38	58	18	57	17	37	37	57	17	17	37	57
Trondheim S 10	23	43	03	19	39	59	40	00	20	59	19	39	39	59	19	19	39	59
Olav Tryggvasons gate 1	25	45	05	21	41	01	42	02	22	01	21	41	41	01	21	21	41	01
Prinsens gate P1	28	48	08	24	44	04	45	05	25	04	24	44	44	04	24	24	44	04
Nidarosdomen	29	49	09	25	45	05	46	06	26	05	25	45	45	05	25	25	45	05
Studentersamfundet 2	30	50	10	26	46	06	47	07	27	06	26	46	46	06	26	26	46	06
Lerkendal 4													49	09	29	29	49	09
Valgrindvegen													50	10	30	30	50	10
Siemens	35	55	15	31	51	11	54	14	34	11	31	51	52	12	32	32	52	12
Nidarvoll skole	37	57	17	33	53	13	56	16	36	13	33	53	54	14	34	34	54	14
Dalsaunevegen	38	58	18	34	54	14	57	17	37	14	34	54	56	16	36	36	56	16
Nordslettvegen	41	01	21	37	57	17	00	20	40	17	37	57	59	19	39	39	59	19
Nordslettvegen Terrasse	42		22	38		18		21	41	18	38							
Nordslettvegen snuplass	43		23	39		19		22	42	19	39							
Ratesvingen	46	02	26	42	58	22	01	25	45	22	42	58						
Rate		03			59		02					59						
Fossegrenda													00	20	40	40	00	20
Nedre Leirfoss													03	23	43	43	03	23
Okstad skole															46			26
Okstadplassen															47			27
Okstad Østre															48			28
Okstad													06	26		46	06	
Tonstadkrysset 2													08	28		48	08	
Paul Skolemesters veg													11	31		51	11	



mandag - fredag /
Monday - Friday

	Min fom 06:51 tom 08:13										Min fom 09:11 tom 12:53						14:11 tom 16:01																		
Paul Skolemesters veg																																			
Tonstadkrysset 2																																			
Okstad �stre																																			
Okstadplassen																																			
Okstad skole																																			
Okstadvegen																																			
Leir�ya																																			
Rate	06:43					13					43					08:43					09:03					53					13:53				
Ratesvingen	05:51	06:11	06:31			51	01		21	31			08:21	08:31		08:51			11	31			13:11	13:31			11								
Nordslettvegen	05:52	06:12	06:32	06:45	52	02	15	22	32	45	08:22	08:32	08:45	08:52	09:05	12	32	55	13:12	13:32	13:55	12													
Nordslettvegen snuplass	05:53	06:13	06:33			53	03		23	33			08:23	08:33		08:53			13	33			13:13	13:33			13								
Nordslettvegen Terrasse	05:54	06:14	06:34			54	04		24	34			08:24	08:34		08:54			14	34			13:14	13:34			14								
Utleirmark	05:56	06:16	06:36	06:46	56	06	16	26	36	46	08:26	08:36	08:46	08:56	09:06	16	36	56	13:16	13:36	13:56	16													
Dalsaunevegen	05:58	06:18	06:38	06:48	58	08	18	28	38	48	08:28	08:38	08:48	08:58	09:08	18	38	58	13:18	13:38	13:58	18													
Nidarvoll skole	05:59	06:19	06:39	06:49	00	10	20	30	40	50	08:29	08:39	08:49	08:59	09:09	19	39	59	13:20	13:40	14:00	20													
Bratsbergvegen	06:02	06:22	06:42	06:52	03	13	23	33	43	53	08:32	08:42	08:52	09:02	09:12	22	42	02	13:23	13:43	14:03	23													
Val�yvegen	06:03	06:23	06:43	06:53	04	14	24	34	44	54	08:33	08:43	08:53	09:03	09:13	23	43	03	13:24	13:44	14:04	24													
Lerkendal 1	06:04	06:24	06:44	06:54	05	15	25	35	45	55	08:34	08:44	08:54	09:04	09:14	24	44	04	13:25	13:45	14:05	25													
Valgrindvegen																																			
Lerkendal 3																																			
Hesthagen	06:05	06:25	06:46	06:56	07	17	27	37	47	57	08:36	08:46	08:56	09:06	09:16	26	46	06	13:27	13:47	14:07	27													
Studentersamfundet 1	06:07	06:27	06:48	06:58	09	19	29	39	49	59	08:38	08:48	08:58	09:08	09:18	28	48	08	13:29	13:49	14:09	29													
Prinsens gate P2	06:10	06:30	06:51	07:01	12	22	32	42	52	02	08:41	08:51	09:01	09:11	09:21	31	51	11	13:32	13:52	14:12	32													
Olav Tryggvasons gate 3	06:13	06:33	06:54	07:04	15	25	35	45	55	05	08:44	08:54	09:04	09:14	09:24	34	54	14	13:35	13:55	14:15	35													
Trondheim S 13	06:14	06:34	06:55	07:05	16	26	36	46	56	06	08:45	08:55	09:05	09:15	09:25	35	55	15	13:36	13:56	14:16	36													
Dyre Halses gate	06:16	06:36	06:57	07:07	18	28	38	48	58	08	08:47	08:57	09:07	09:17	09:27	37	57	17	13:38	13:58	14:18	38													
Buran 2	06:18	06:38	06:59	07:09	21	31	41	51	01	11	08:49	08:59	09:09	09:19	09:29	39	59	19	13:41	14:01	14:21	41													
Strindheim 2	06:22	06:42	07:03	07:13	25	35	45	55	05	15	08:53	09:03	09:13	09:23	09:33	43	03	23	13:45	14:05	14:25	45													
Strindheim skole	06:23	06:43	07:04	07:14	26	36	46	56	06	16	08:54	09:04	09:14	09:24	09:34	44	04	24	13:46	14:06	14:26	46													
Iskremfabrikken	06:26	06:46	07:08	07:18	31	41	51	01	11	21	08:58	09:08	09:18	09:28	09:38	48	08	28	13:51	14:11	14:31	51													
Trondheim fengsel	06:27	06:47	07:09	07:19	32	42	52	02	12	22	08:59	09:09	09:19	09:29	09:39	49	09	29	13:52	14:12	14:32	52													
Sildr�pevegen	06:30	06:50	07:12	07:22	35	45	55	05	15	25	09:02	09:12	09:22	09:32	09:42	52	12	32	13:55	14:15	14:35	55													

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mandag - fredag /
Monday - Friday

	Min fom 14:11 tom 16:01												Min fom 17:31 tom 19:53						Min fom 21:13 tom 23:56		
Paul Skolemesters veg																			13	33	
Tonstadkrysset 2																			14	34	
Okstad �stre																					56
Okstadplassen																					56
Okstad skole																					57
Okstadvegen																			17	37	57
Leir�ya																			21	41	01
Rate	23		53			16:23		16:53						53		20:57					
Ratesvingen		31	41		01	16:11		16:31	16:41		17:01	17:11	31		11	20:11	20:31				
Nordslettvegen	25	32	42	55	02	16:12	16:25	16:32	16:42	16:55	17:02	17:12	32	55	12	20:12	20:32	20:59	23	43	03
Nordslettvegen snuplass		33	43		03	16:13		16:33	16:43		17:03	17:13	33		13	20:13	20:33				
Nordslettvegen Terrasse		34	44		04	16:14		16:34	16:44		17:04	17:14	34		14	20:14	20:34				
Utleirmark	26	36	46	56	06	16:16	16:26	16:36	16:46	16:56	17:06	17:16	36	56	16	20:16	20:36	21:00	24	44	04
Dalsaunevegen	28	38	48	58	08	16:18	16:28	16:38	16:48	16:58	17:08	17:18	38	58	18	20:18	20:38	21:02	26	46	06
Nidarvoll skole	30	40	50	00	10	16:19	16:30	16:40	16:50	17:00	17:09	17:20	39	59	19	20:19	20:39	21:03	27	47	07
Bratsbergvegen	33	43	53	03	13	16:22	16:33	16:43	16:53	17:03	17:12	17:23	42	02	22	20:22	20:42	21:06			
Val�yvegen	34	44	54	04	14	16:23	16:34	16:44	16:54	17:04	17:13	17:24	43	03	23	20:23	20:43	21:07			
Lerkendal 1	35	45	55	05	15	16:24	16:35	16:45	16:55	17:05	17:14	17:25	44	04	24	20:24	20:44	21:08			
Valgrindvegen																			31	51	11
Lerkendal 3																			32	52	12
Hesthagen	37	47	57	07	17	16:26	16:37	16:47	16:57	17:07	17:16	17:27	46	06	26	20:25	20:45	21:09	33	53	13
Studentersamfundet 1	39	49	59	09	19	16:28	16:39	16:49	16:59	17:09	17:18	17:29	48	08	28	20:27	20:47	21:11	35	55	15
Prinsens gate P2	42	52	02	12	22	16:31	16:42	16:52	17:02	17:12	17:21	17:32	51	11	31	20:30	20:50	21:14	38	58	18
Olav Tryggvasons gate 3	45	55	05	15	25	16:34	16:45	16:55	17:05	17:15	17:24	17:35	54	14	34	20:33	20:53	21:17	41	01	21
Trondheim S 13	46	56	06	16	26	16:35	16:46	16:56	17:06	17:16	17:25	17:36	55	15	35	20:34	20:54	21:18	42	02	22
Dyre Halses gate	48	58	08	18	28	16:37	16:48	16:58	17:08	17:18	17:27	17:38	57	17	37	20:36	20:56	21:20	44	04	24
Buran 2	51	01	11	21	31	16:39	16:51	17:01	17:11	17:21	17:29	17:41	59	19	39	20:38	20:58	21:22	46	06	26
Strindheim 2	55	05	15	25	35	16:43	16:55	17:05	17:15	17:25	17:33	17:45	03	23	43	20:42	21:02	21:26	50	10	30
Strindheim skole	56	06	16	26	36	16:44	16:56	17:06	17:16	17:26	17:34	17:46	04	24	44	20:43	21:03	21:27	51	11	31
Iskremfabrikken	01	11	21	31	41	16:48	17:01	17:11	17:21	17:31	17:38	17:51	08	28	48	20:46	21:06	21:30	54	14	34
Trondheim fengsel	02	12	22	32	42	16:49	17:02	17:12	17:22	17:32	17:39	17:52	09	29	49	20:47	21:07	21:31	55	15	35
Sildr�pevegen	05	15	25	35	45	16:52	17:05	17:15	17:25	17:35	17:42	17:55	12	32	52	20:50	21:10	21:34	58	18	38

• Tabellen viser utvalgte holdeplasser. Se app AtB eller reisepanlegger for komplett oversikt.
• Tidligste passeringstider: I perioder med mye trafikk vil bussen kunne passere noen minutter senere.



• Timetable shows selected stops. Se app AtB or travel planner for a complete list.
• Earliest departure: During peak hours, the bus may depart a few minutes later.

lørdag / Saturday											søndag / Sunday													
Min fom 06:31 tom 10:13											Min fom 10:31 tom 18:13			Min fom 18:31 tom 20:31			Min fom 21:14 tom 23:57			Min fom 08:54 tom 23:54				
Paul Skolemesters veg																	20:34	20:54	14	34		54	14	
Tonstadkrysset 2																	20:35	20:55	15	35		55	15	
Okstad Østre																					57			37
Okstadplassen																					57			37
Okstad skole																					58			38
Okstadvegen																	20:38	20:58	18	38	58	58	18	38
Leirøya																	20:42	21:02	22	42	02	02	22	42
Rate																								
Ratesvingen	06:11	31	51		31	51		31	51															
Nordslettvegen	06:12	32	52	15	32	52	15	32	52	15	20:44	21:04	24	44	04		04	24	44			04	24	44
Nordslettvegen snuplass	06:13	33	53		33	53		33	53															
Nordslettvegen Terrasse	06:14	34	54		34	54		34	54															
Utleirmark	06:16	36	56	16	36	56	16	36	56	16	20:45	21:05	25	45	05		05	25	45			05	25	45
Dalsaunevegen	06:18	38	58	18	38	58	18	38	58	18	20:47	21:07	27	47	07		07	27	47			07	27	47
Nidarvoll skole	06:19	39	59	19	39	59	19	39	59	19	20:48	21:08	28	48	08		08	28	48			08	28	48
Bratsbergvegen	06:22	42	02	22	42	02	22	42	02	22														
Valøyvegen	06:23	43	03	23	43	03	23	43	03	23														
Lerkendal 1	06:24	44	04	24	44	04	24	44	04	24														
Valgrindvegen											20:52	21:12	32	52	12		12	32	52			12	32	52
Lerkendal 3											20:53	21:13	33	53	13		13	33	53			13	33	53
Hesthagen	06:25	45	05	25	46	06	26	45	05	25	20:54	21:14	34	54	14		14	34	54			14	34	54
Studentersamfundet 1	06:27	47	07	27	48	08	28	47	07	27	20:56	21:16	36	56	16		16	36	56			16	36	56
Prinsens gate P2	06:30	50	10	30	51	11	31	50	10	30	20:59	21:19	39	59	19		19	39	59			19	39	59
Olav Tryggvasons gate 3	06:33	53	13	33	54	14	34	53	13	33	21:02	21:22	42	02	22		22	42	02			22	42	02
Trondheim S 13	06:34	54	14	34	55	15	35	54	14	34	21:03	21:23	43	03	23		23	43	03			23	43	03
Dyre Halses gate	06:36	56	16	36	57	17	37	56	16	36	21:05	21:25	45	05	25		25	45	05			25	45	05
Buran 2	06:38	58	18	38	59	19	39	58	18	38	21:07	21:27	47	07	27		27	47	07			27	47	07
Strindheim 2	06:42	02	22	42	03	23	43	02	22	42	21:11	21:31	51	11	31		31	51	11			31	51	11
Strindheim skole	06:43	03	23	43	04	24	44	03	23	43	21:12	21:32	52	12	32		32	52	12			32	52	12
Iskremfabrikken	06:46	06	26	46	08	28	48	06	26	46	21:15	21:35	55	15	35		35	55	15			35	55	15
Trondheim fengsel	06:47	07	27	47	09	29	49	07	27	47	21:16	21:36	56	16	36		36	56	16			36	56	16
Silråpevegen	06:50	10	30	50	12	32	52	10	30	50	21:19	21:39	59	19	39		39	59	19			39	59	19

