

mandag - fredag /  
Monday - Friday

Spondal skole																					14:28
Spondal	06:39								10:39												14:29
Stene	06:43								10:43												14:33
Langlo	06:44								10:44												14:34
Esp Østre	06:51								10:51												14:41
Skjøstad	06:54								10:54												14:44
Grindan	06:55								10:55												14:45
Berg bedehus	06:56								10:56												14:46
Myrsund	06:57								10:57												14:47
Perstu	06:59								10:59												14:49
Haugbjørg	06:59								10:59												14:49
Kleivplassen	07:00								11:00												14:50
Lauglo	07:02								11:02												14:52
Ringvål	06:23		07:33	07:53	08:23	08:53	09:53		12:23	13:03	14:03	14:33		15:13	15:33	16:03	16:33	17:03	19:03	20:24	21:44
Ringvål grind	06:25	07:05	07:35	07:55	08:25	08:55	09:55	11:05	12:25	13:05	14:05	14:35	14:55	15:15	15:35	16:05	16:35	17:05	19:05	20:26	21:46
Leinbakken	06:25	07:05	07:35	07:55	08:25	08:55	09:55	11:05	12:25	13:05	14:05	14:35	14:55	15:15	15:35	16:05	16:35	17:05	19:05	20:26	21:46
Legårdsbakken	06:26	07:06	07:36	07:56	08:26	08:56	09:56	11:06	12:26	13:06	14:06	14:36	14:56	15:16	15:36	16:06	16:36	17:06	19:06	20:27	21:47
Hestsjøen	06:26	07:06	07:36	07:56	08:26	08:56	09:56	11:06	12:26	13:06	14:06	14:36	14:56	15:16	15:36	16:06	16:36	17:06	19:06	20:27	21:47
Fjøsvollan	06:27	07:07	07:37	07:57	08:27	08:57	09:57	11:07	12:27	13:07	14:07	14:37	14:57	15:17	15:37	16:07	16:37	17:07	19:07	20:28	21:48
Rørmyra	06:28	07:08	07:38	07:58	08:28	08:58	09:58	11:08	12:28	13:08	14:08	14:38	14:58	15:18	15:38	16:08	16:38	17:08	19:08	20:29	21:49
Solberg	06:30	07:10	07:40	08:00	08:30	09:00	10:00	11:10	12:30	13:10	14:10	14:40	15:00	15:20	15:40	16:10	16:40	17:10	19:10	20:31	21:51
Lund	06:31	07:11	07:41	08:01	08:31	09:01	10:01	11:11	12:31	13:11	14:11	14:41	15:01	15:21	15:41	16:11	16:41	17:11	19:11	20:32	21:52
Østre Lund 3	06:32	07:12	07:42	08:02	08:32	09:02	10:02	11:12	12:32	13:12	14:12	14:42	15:02	15:22	15:42	16:12	16:42	17:12	19:12	20:33	21:53
Åsheim skole	06:33	07:13	07:43	08:03	08:33	09:03	10:03	11:13	12:33	13:13	14:13	14:43	15:03	15:23	15:43	16:13	16:43	17:13	19:13	20:34	21:54
Heimdal stasjon	06:35	07:15	07:45	08:05	08:35	09:05	10:05	11:15	12:35	13:15	14:15	14:45	15:05	15:25	15:45	16:15	16:45	17:15	19:15	20:36	21:56

**Overgang** mot Trondheim sentrum er planlagt til linje 1 eller 2 på Heimdal stasjon. Finn tider i app AtB og på atb.no.  
**Transfer** towards Trondheim city center is planned with line 1 or 2 at Heimdal stasjon. Find your trip in app AtB and at atb.no.



lørdag / Saturday													søndag / Sunday								
Ringvål	06:24	08:04	09:34	11:04	12:34	14:04	15:34	17:04	18:34	20:04	21:24	23:24	11:04	12:44	14:04	15:44	17:04	18:44	20:04	21:44	23:04
Ringvål grind	06:26	08:06	09:36	11:06	12:36	14:06	15:36	17:06	18:36	20:06	21:26	23:26	11:06	12:46	14:06	15:46	17:06	18:46	20:06	21:46	23:06
Leinbakken	06:26	08:06	09:36	11:06	12:36	14:06	15:36	17:06	18:36	20:06	21:26	23:26	11:06	12:46	14:06	15:46	17:06	18:46	20:06	21:46	23:06
Legårdsbakken	06:27	08:07	09:37	11:07	12:37	14:07	15:37	17:07	18:37	20:07	21:27	23:27	11:07	12:47	14:07	15:47	17:07	18:47	20:07	21:47	23:07
Hestsjøen	06:27	08:07	09:37	11:07	12:37	14:07	15:37	17:07	18:37	20:07	21:27	23:27	11:07	12:47	14:07	15:47	17:07	18:47	20:07	21:47	23:07
Fjøsvollan	06:28	08:08	09:38	11:08	12:38	14:08	15:38	17:08	18:38	20:08	21:28	23:28	11:08	12:48	14:08	15:48	17:08	18:48	20:08	21:48	23:08
Rørmyra	06:29	08:09	09:39	11:09	12:39	14:09	15:39	17:09	18:39	20:09	21:29	23:29	11:09	12:49	14:09	15:49	17:09	18:49	20:09	21:49	23:09
Solberg	06:31	08:11	09:41	11:11	12:41	14:11	15:41	17:11	18:41	20:11	21:31	23:31	11:11	12:51	14:11	15:51	17:11	18:51	20:11	21:51	23:11
Lund	06:32	08:12	09:42	11:12	12:42	14:12	15:42	17:12	18:42	20:12	21:32	23:32	11:12	12:52	14:12	15:52	17:12	18:52	20:12	21:52	23:12
Østre Lund 3	06:33	08:13	09:43	11:13	12:43	14:13	15:43	17:13	18:43	20:13	21:33	23:33	11:13	12:53	14:13	15:53	17:13	18:53	20:13	21:53	23:13
Åsheim skole	06:34	08:14	09:44	11:14	12:44	14:14	15:44	17:14	18:44	20:14	21:34	23:34	11:14	12:54	14:14	15:54	17:14	18:54	20:14	21:54	23:14
Heimdal stasjon	06:36	08:16	09:46	11:16	12:46	14:16	15:46	17:16	18:46	20:16	21:36	23:36	11:16	12:56	14:16	15:56	17:16	18:56	20:16	21:56	23:16

**Overgang** mot Trondheim sentrum er planlagt til linje 1 eller 2 på Heimdal stasjon. Finn tider i app AtB og på atb.no.  
**Transfer** towards Trondheim city center is planned with line 1 or 2 at Heimdal stasjon. Find your trip in app AtB and at atb.no.



mandag - fredag /  
Monday - Friday

Heimdal stasjon	07:26	07:36	08:46	09:46	10:26	11:56	13:25	14:06	14:26	14:56	15:26	15:56	16:26	16:56	18:26	19:56	21:06	22:46	23:46
Åsheim skole	07:27	07:37	08:47	09:47	10:27	11:57	13:26	14:07	14:27	14:57	15:27	15:57	16:27	16:57	18:27	19:57	21:07	22:47	23:47
Østre Lund 4	07:28	07:38	08:48	09:48	10:28	11:58	13:27	14:08	14:28	14:58	15:28	15:58	16:28	16:58	18:28	19:58	21:08	22:48	23:48
Lund	07:29	07:39	08:49	09:49	10:29	11:59	13:28	14:09	14:29	14:59	15:29	15:59	16:29	16:59	18:29	19:59	21:09	22:49	23:49
Solberg	07:30	07:40	08:50	09:50	10:30	12:00	13:29	14:10	14:30	15:00	15:30	16:00	16:30	17:00	18:30	20:00	21:10	22:50	23:50
Moheim	07:31	07:41	08:51	09:51	10:31	12:01	13:30	14:11	14:31	15:01	15:31	16:01	16:31	17:01	18:31	20:01	21:11	22:51	23:51
Rørmyra	07:32	07:42	08:52	09:52	10:32	12:02	13:31	14:12	14:32	15:02	15:32	16:02	16:32	17:02	18:32	20:02	21:12	22:52	23:52
Fjøsvollan	07:32	07:42	08:52	09:52	10:32	12:02	13:31	14:12	14:32	15:02	15:32	16:02	16:32	17:02	18:32	20:02	21:12	22:52	23:52
Hestsjøen	07:33	07:43	08:53	09:53	10:33	12:03	13:32	14:13	14:33	15:03	15:33	16:03	16:33	17:03	18:33	20:03	21:13	22:53	23:53
Legårdsbakken	07:33	07:43	08:53	09:53	10:33	12:03	13:32	14:13	14:33	15:03	15:33	16:03	16:33	17:03	18:33	20:03	21:13	22:53	23:53
Leinbakken	07:34	07:44	08:54	09:54	10:34	12:04	13:33	14:14	14:34	15:04	15:34	16:04	16:34	17:04	18:34	20:04	21:14	22:54	23:54
Ringvål grind	07:35	07:45	08:55	09:55	10:35	12:05		14:15	14:35	15:05	15:35		16:35	17:05	18:35	20:05	21:15	22:55	23:55
Ringvål	07:37	07:47	08:57	09:57	10:37	12:07		14:17	14:37	15:07	15:37		16:37	17:07	18:37	20:07	21:17	22:57	23:57
Ringvål grind	07:40						13:34					16:05							
Lauglo	07:42						13:36					16:07							
Kleivplassen	07:44						13:38					16:09							
Haugbjørg	07:45						13:39					16:10							
Perstu	07:46						13:40					16:11							
Myrsund	07:48						13:43					16:14							
Berg bedehus							13:44					16:15							
Karrosserifabrikken							13:45					16:16							
Skjøstad							13:46					16:17							
Megarden							13:46					16:17							
Esp Østre							13:49					16:20							
Eggen							13:52					16:23							
Langlo							13:56					16:27							
Byneset kirke							13:58					16:29							
Spongdal skole	07:50																		
Spongdal	07:52						14:02					16:33							

**Overgang** fra Trondheim sentrum er planlagt fra linje 1 eller 2 på Heimdal stasjon. Finn tider i app AtB og på atb.no.  
**Transfer** from Trondheim city center is planned with line 1 or 2 at Heimdal stasjon. Find your trip in app AtB and at atb.no.



lørdag / Saturday													søndag / Sunday									
Heimdal stasjon	07:36	08:36	10:16	11:46	13:16	14:46	16:26	17:56	19:26	20:46	22:06	23:46	10:47	12:19	13:47	15:19	16:47	18:19	19:47	21:19	22:47	23:19
Åsheim skole	07:37	08:37	10:17	11:47	13:17	14:47	16:27	17:57	19:27	20:47	22:07	23:47	10:48	12:20	13:48	15:20	16:48	18:20	19:48	21:20	22:48	23:20
Østre Lund 4	07:38	08:38	10:18	11:48	13:18	14:48	16:28	17:58	19:28	20:48	22:08	23:48	10:49	12:21	13:49	15:21	16:49	18:21	19:49	21:21	22:49	23:21
Lund	07:39	08:39	10:19	11:49	13:19	14:49	16:29	17:59	19:29	20:49	22:09	23:49	10:50	12:22	13:50	15:22	16:50	18:22	19:50	21:22	22:50	23:22
Solberg	07:40	08:40	10:20	11:50	13:20	14:50	16:30	18:00	19:30	20:50	22:10	23:50	10:51	12:23	13:51	15:23	16:51	18:23	19:51	21:23	22:51	23:23
Moheim	07:41	08:41	10:21	11:51	13:21	14:51	16:31	18:01	19:31	20:51	22:11	23:51	10:52	12:24	13:52	15:24	16:52	18:24	19:52	21:24	22:52	23:24
Rørmyra	07:42	08:42	10:22	11:52	13:22	14:52	16:32	18:02	19:32	20:52	22:12	23:52	10:53	12:25	13:53	15:25	16:53	18:25	19:53	21:25	22:53	23:25
Fjøsvollan	07:42	08:42	10:22	11:52	13:22	14:52	16:32	18:02	19:32	20:52	22:12	23:52	10:53	12:25	13:53	15:25	16:53	18:25	19:53	21:25	22:53	23:25
Hestsjøen	07:43	08:43	10:23	11:53	13:23	14:53	16:33	18:03	19:33	20:53	22:13	23:53	10:54	12:26	13:54	15:26	16:54	18:26	19:54	21:26	22:54	23:26
Legårdsbakken	07:43	08:43	10:23	11:53	13:23	14:53	16:33	18:03	19:33	20:53	22:13	23:53	10:54	12:26	13:54	15:26	16:54	18:26	19:54	21:26	22:54	23:26
Leinbakken	07:44	08:44	10:24	11:54	13:24	14:54	16:34	18:04	19:34	20:54	22:14	23:54	10:55	12:27	13:55	15:27	16:55	18:27	19:55	21:27	22:55	23:27
Ringvål grind	07:45	08:45	10:25	11:55	13:25	14:55	16:35	18:05	19:35	20:55	22:15	23:55	10:56	12:28	13:56	15:28	16:56	18:28	19:56	21:28	22:56	23:28
Ringvål	07:47	08:47	10:27	11:57	13:27	14:57	16:37	18:07	19:37	20:57	22:17	23:57	10:58	12:30	13:58	15:30	16:58	18:30	19:58	21:30	22:58	23:30

**Overgang** fra Trondheim sentrum er planlagt fra linje 1 eller 2 på Heimdal stasjon. Finn tider i app AtB og på atb.no.  
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